

COMPLETE AN INTERNSHIP

- LEARN ABOUT CAREER PATHS
- “TEST DRIVE” A COMPANY OR CAREER FIELD
- DEVELOP NEW SKILLS AND POLISH EXISTING SKILLS
- BUILD A PROFESSIONAL NETWORK
- EXPERIENCE PROFESSIONAL GROWTH

When is the best time to apply?

Internships can take a semester or more to arrange, so it's best to apply early.

How do I find an internship?

1. Email your resume to internships@polk.edu. If you do not have a resume, email careerservices@polk.edu for help in building one.
2. Once your resume is reviewed, you will meet with the Internship Coordinator to discuss your interests and upload your resume to Handshake, the online student job board.
3. The Internship Coordinator will assist in searching, applying, interviewing, and securing an opportunity.
4. Students can register for an internship course for elective credit.



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For more information, contact
internships@polk.edu